



Dear Spartan Fans,

There has been so much going on with Spartan Football during the last two months. Just to name a few recent activities: Quarterback Club Golf Tournament, spring drills, spring practice, Team Camp, SPA, Mighty Mite Skills Camp, Passing League, Eastern [Oklahoma Offensive Line Camp](#), Quarterback Club car raffle, [Eastern Oklahoma 7 on 7](#) Tournament and the Chris Harris Jr. Underdog Camp. Plus, spring practice was a great success!

During “helmets only” spring drills we went through our five-part installation schedule in 10 of our athletic periods. We then reloaded into our padded spring practice sessions, where we started back over with our day one installation for those players that needed a refresher (as things began moving more quickly). We were able to get both our veterans, as well as our newcomers lots of valuable reps.

I would like to thank our Quarterback Club for putting on two very successful fundraisers. Our May 13th Golf Scramble at Meadowbrook was a smooth transition thanks to Clint Vaughn and Bruce McClure. (The tournament changed days and venues and we did not miss a beat.)

Team Camp was switched up a bit for the first time since coming to Bixby. We elected to join Broken Arrow, Midwest City and Springdale (continued on page 2)

SELFLESS

During the last few weeks everyone in our community has had to rally together to overcome the terrible flooding that the Tulsa area has endured. Several of our players homes have been damaged, but none have been hit like Kobe Williams.

Our parents, players and coaches have selflessly volunteered with the initial cleanup led by Kobe’s mom’s (Audrey) church. However, this is just the beginning. The rebuild/maintenance process is overwhelming, and we will be calling on our community to help in nearly every area.





SPRING 2019 TOP 10

<u>Clean</u>		<u>Back Squat</u>		<u>Bench Press</u>		<u>10y Dash - Average</u>		<u>Pro-Agility - Average</u>	
Kobe Williams	300	Kobe Williams	520	Brody Sartin	285	Brody Sartin	1.52	Brody Sartin	4.32
Brody Sartin	290	Brody Sartin	515	Chad Tinney	280	Chandler Rogers	1.55	Chandler Rogers	4.35
Kobe Lakin	285	Ethan Watkins	480	Dalton Perry	270	Steven Caasi	1.55	Alex Tuttle	4.37
Carson Chambers	275	Stephen Dreyer	475	Macqeilen Ware	265	Isaac Sherman	1.58	Nick Wedel	4.44
Luke Creeger	275	Kobe Lakin	475	Owen DeWoody	255	Brock Roller	1.59	Blake Hassleman	4.44
Bear Daniel	275	Chad Tinney	450	Kobe Williams	255	Ryan Potter	1.61	Steven Caasi	4.44
Brennan Presley	270	Josh Adams	445	Nicklaus Wedel	250	Alex Tuttle	1.62	Isaac Sherman	4.46
Hudson Guiver	265	Trip Brown	445	Levi Dunsmore	245	Mason Crawley	1.63	Reis Vernon	4.47
Chad Tinney	265	Isaac Sherman	445	Kobe Lakin	235	Reis Vernon	1.63	Trip Brown	4.48
Alex Tuttle	265	Blake Smith	440	Alex Tuttle	235	Ben Knox	1.64	Ethan Clark	4.49
Stephen Dreyer	260	Tyler Parsons	435	Mason Van Pelt	235				

Har-ber. The camp allows us to get near live reps in a controlled environment with some of the best competition. We found out a lot about our team over these three days. In addition to the competition, we took the team to CiCi's Pizza, Golden Corral and also toured the University of Tulsa Football facilities.

Our players have been working very hard in SPA. It is amazing the work ethic that so many our players possess. We are not only proud of our players, but proud of our coaches. Recently Coaches Suffal, Maas, Embrey and Bencke passed the USAW weightlifting certification class. We now have eight coaches on staff who are USAW certified! Check out the Week 1 and [Week 2 SPA Videos!](#)

As usual, Coach Flowers put on a great Mighty Mite Skills camp. This camp is a wonderful introduction to our program - with only a three day commitment. [Check out this video of some of the action!](#)

Our passing leagues are held each week until July 15th. We have separate passing leagues for our 9th grade and high school teams. Each week Muskogee, Tulsa Washington and Coweta join us for our passing league hosted by Bixby. We love having passing league at home because this allows us to script tons of reps for all of our guys.

This year the OSSAA has implemented a mandatory dead period during 4th of July week. No players or coaches are allowed to work together during this time. When we return, we will have several important activities. We will have the Elite 7 on 7 Showdown in Springdale and the Night of Champions at Lee Snider Field. (Military Appreciation t-shirts will be available for purchase at the Night of Champions.)

One of our core values is Selfless. We are calling not only on players, but everyone in our program to help the Kobe Williams family. Several of our families were hit with flooding, but the Williams family continues to need help as they continue the rebuilding process. If you are interest in helping, please reach out to me. Have a great holiday weekend.

Sincerely,
Coach Montgomery



Our second annual Eastern Oklahoma 7 on 7 Showdown was a huge success. This year we increased the number of teams to 20. Your Spartans took a step forward and got better!

We would like to thank our our parents, the entire coaching staff, and linemen for putting on such a first-class and well-organized event. We got tons of positive feedback from our guest schools who attended this event!

Pool A

Place	School	Record
1	Bixby	6-1
2	Owasso	5-2
3	Union	4-3
4	Jenks	4-3
5	Broken Arrow	2-4

Pool B

1	Bishop Kelley	5-2
2	Tulsa Washington	5-2
3	Coweta	2-4
4	Hilldale	1-6
5	Cleveland	0-6

Pool C

1	Verdigris	6-1
2	Cushing	6-1
3	Beggs	4-2
4	Blackwell	3-3
5	Locust Grove	0-7

Pool D

1	Lincoln Christian	7-0
2	Pawhuska	3-4
3	Henryetta	2-5
4	Morris	1-6
5	Okmulgee	1-5

Dates to Remember

6-29-19 Thru 7-7-19	Mandatory Off Week. No contact between coaches and players
7-8-19 Monday	SPA Resumes
7-9-19 Tuesday	Passing League 1:00-2:30 pm. JV @ Beggs 6:00-7:30 pm
7-10-19 Wednesday	July QBC Meeting @ 6:30 pm (Introduce Juniors) HOTS
7-12-19 Fri & Sat	Elite 7 on 7 in Springdale AR. (We will take a bus both days, no hotel.)
7-17-19 Wednesday	Night of Champions 8:15 pm Lee Snider Field (Case of Gatorade Admission)
7-26-19 Friday	OCA All-State game 7 pm @ Bixby
8-1-19 Thursday	Team Building Event TBA
8-1-19 Thursday	Elementary SPA ends
8-5-19 Monday	SPA Testing Week 7-12 Grades
8-7-19 Wednesday	Last day of SPA grades 7-12
8-8-19 Thursday	Players Off
8-12-19 Monday	First Practice TBA 8-12 Grades

Before the 2015 Season we started "Steak Eaters." Coach Montgomery will prepare a steak dinner for our Varsity Athletes who have 100% Attendance during SPA. We had eight steak eaters in 2015, and each year since we have had consistently over 30! Consistency is one of our Core Values, and we believe our athletes who are consistent will see the benefits in all phases of their life! "The Right Way Everyday."

Signups for Bixby Spartan Summer Camps are now open. Signup, register, and get all the info you need by clicking [HERE](#).

2019 BIXBY SPARTAN FOOTBALL

8/30	AWAY	MANSFIELD TIMBERVIEW	7:00PM
9/6	AWAY	JENKS	7:00PM
9/13		OPEN	
9/20	AWAY	PUTNAM CITY	7:00PM
9/27	HOME	SAPULPA	7:00PM
10/4	AWAY	BOOKER T	7:00PM
10/11	HOME	PONCA CITY	7:00PM
10/18	AWAY	BARTLESVILLE	7:00PM
10/25	HOME	SAND SPRINGS	7:00PM
11/1	AWAY	SHAWNEE	7:00PM
11/8	HOME	MUSKOGEE	7:00PM
11/15		ROUND 1 PLAYOFFS	





STEAK EATER

WEEK 1 S.P.A. ATHLETES OF THE WEEK



WEEK 2 S.P.A. ATHLETES OF THE WEEK



WEEK 3 S.P.A. ATHLETES OF THE WEEK

